

## Appendix B

### Resource List - 2026

**These resources are suggestions only. The examination is not specifically based on this list.** Although foreign texts/references are a valuable resource and can be useful, the examination is based on Canadian standards. To obtain any of the resources, contact the professional association or company that publishes them, not the CDECB office. ISBN, websites, and other information is provided to assist in locating the appropriate document. Review CDECB's website from time to time for up-dates.

#### **Publications:**

Diabetes Canada  
www.diabetes.ca  
1 (800) 226-8464

1. Diabetes Canada Clinical Practice Guidelines Expert Committee. *Diabetes Canada 2018 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada*. Can J Diabetes. 2018;42(Suppl 1):S1-S325. Retrieved from <https://guidelines.diabetes.ca/cpg>
  - Including all Chapter updates, Additions and User Guides.
  - Position Statements. Retrieved from <https://guidelines.diabetes.ca/updates>
2. Canadian Diabetes Association, Diabetes Educator Section (2014). *Standards for Diabetes Education in Canada 2014*. Retrieved from <https://www.diabetes.ca/DiabetesCanadaWebsite/media/Learn-About-Diabetes/diabetes-education-booklet.pdf>
3. Diabetes Canada. *Canadian Journal of Diabetes*. Retrieved from: <https://www.canadianjournalofdiabetes.com/>
4. Diabetes Canada. *Diabetes Communicator* retrieved from: <https://diabetes.ca/health-care-providers/professional-membership>
5. Diabetes Canada, Position Statements retrieved from: <https://www.diabetes.ca/search-results?SearchText=position&ResourceType=&Sort=&Page=1>
6. Diabetes Canada Educational Resources retrieved from: <https://orders.diabetes.ca/collections/educational-material>
7. Diabetes Canada. *The Essentials* (2023). *The Essentials Clinical Resource* Retrieved from <https://essentialsdiabetes.com/>

### **Textbooks:**

Belton A. (2017). *The How To of Patient Education* (3<sup>rd</sup> ed). Calgary: Belton. ISBN 978-1-987857-97-9 (paperback) 978-1-987857-98-6 (eBook)

Bolderman, K.M. (2024). *Putting your Patients on the Pump* (3<sup>rd</sup> ed): Alexandria, VA: American Diabetes Association. ISBN 978-1580408363

Daneman, D., Barrett, S., & Harrington, J. (2024). *When a Child has Diabetes* (5<sup>th</sup> ed). Toronto, Ontario: Robert Rose Inc. ISBN 10: 0778807177 / ISBN 13:9780778807179

Raphael, D et al. *Social Determinants of Health, The Canadian Facts* (4<sup>nd</sup> ed). Toronto, Ontario: Canadian Scholars. ISBN 978-1-7733-84504

Scheiner, G. (2025). *Think like a pancreas: A Practical Guide to Managing Diabetes with Insulin (Completely revised 4<sup>th</sup> ed)*). Hachette Go. ISBN: 9780306-837159 (trade paperback) / ISBN 9780306837166 (e book)

Walsh, J., & Roberts, R. (2017). *Pumping insulin: Everything for Success on an Insulin Pump and CGM* (7<sup>th</sup> ed). San Diego: Torrey Pines Press. ISBN 9798218137878

Wolpert H. *Smart Pumping for people with diabetes*. Alexandra, VA American Diabetes Association, 2002. ISBN 978-1580401258

### **Other:**

Canadian Pharmacists Association. CPS: Drug Information (CPS 2026). Find at <https://www.pharmacists.ca/products-services/>

Government of Canada. Health Canada Drug Product Database. Find at <https://dhpp.hpfb-dgpsa.ca/>

Forum for Injection Technique Canada *Recommendations for Best Practice in Injection Technique* (4<sup>th</sup> ed). 2020. Retrieved from <https://fit4diabetes.com/fit-recommendations/>

Ontario Bariatric Network. (2023). Retrieved from <https://www.ontariobariatricnetwork.ca/>

The Canadian Digestive Health Foundation (2022) retrieved from [www.cdhf.ca](http://www.cdhf.ca)