



DUFFERIN AREA FAMILY HEALTH TEAM

Registered Dietitian, Diabetes Program – Bolton

1.0 FTE, 12-month contract

We are currently recruiting a Registered Dietitian for our Diabetes Program in Bolton to join our team in. There is 1 full time position available.

The **Registered Dietitian (RD), Diabetes Program** is a vital part of the Dufferin Area Family Health Team (DAFHT) and will collaborate with the physicians and other interdisciplinary providers to achieve the vision and mission of the organization. The **Registered Dietitian, Diabetes Program** will help the DAFHT meet its strategic objectives by participating in chronic disease management, health promotion and disease prevention programs.

The DAFHT currently has an opportunity for a 12-month, full-time (37.5 hours per week - 1.0 FTE) **Registered Dietitian (RD), Diabetes Program** to join a compassionate, dynamic team. This position will be a hybrid model, including some remote work as well as in person presence at our Caledon office in Bolton.

DUTIES AND RESPONSIBILITIES:

- Practice within the scope and according to standards of practice as outlined by the College of Dietitians of Ontario, and if applicable, the CDE designation.
- Work effectively within an interdisciplinary team.
- Facilitate teamwork and promote group effectiveness.
- Communicate information clearly and concisely to clients and healthcare providers regularly.
- Identify and build relationships with various community partners, including local physicians.
- Present clinical practice guideline updates to DAFHT healthcare providers and community partners.
- Provide learning opportunities to students, new hires, and colleagues.
- Recommend improvements to existing procedures/services.
- Support patients living with Type 2 Diabetes, Pre-Diabetes and other chronic metabolic conditions (such as MASLD or weight management)
- Screen, prioritize and process client referrals using information obtained through the physician, laboratory reports and health records.
- Complete nutrition and health assessments to develop nutrition/diabetes care plan with patient and health care team, considering the patient's level of knowledge, readiness to change, and socio-demographic background.
- Provide education and counselling on chronic disease self-management and lifestyle change, following Diabetes Canada Practice Guidelines.
- Be able to identify and prioritize complex health and social issues.

- Evaluation of the attainment of self-management goals and risk reduction behaviour.
- Ensure complete, accurate, and timely documentation of program activities and medical records.
- Present health education sessions on various topics related to diabetes in a group setting using established teaching/learning theory principles and lifestyle counselling.
- Assist in developing patient programs, identifying priorities, target dates and implementation strategies.
- Manage the inventory of diabetes supplies and communicate effectively with pharmaceutical representatives.
- Be available for after-hours appointments one evening per week.

SKILLS AND ABILITIES:

- Knowledge and proficiency in current, evidence-based methods and practices of primary care delivery, including an excellent working knowledge of the Diabetes Canada Clinical Practice Guidelines.
- Diabetes pathophysiology, related laboratory values, pharmacotherapy, and lifestyle management.
- Experience with blood glucose/continuous glucose monitors, foot care, blood pressure and lipid management, medications, insulin initiation and titration, and working with medical directives.
- Effective case management skills.
- Solid skills in nutrition assessment, evidence-based practice, health promotion, interdisciplinary collaboration, and problem-solving.
- Intermediate experience and strength in applying motivational interviewing counselling techniques in an adult population.
- Expertise in developing strategies that successfully meet the needs of diverse patient, family, and provider populations.
- An understanding of and critical analysis of the determinants of health and social factors.
- Excellent verbal and written communication skills, with the ability to clearly convey information and ideas.
- Ability to work effectively with all members of the health care team. In addition, strong skills in building relationship with and collaborating with community partners.
- Willingness to mentor other members of the interdisciplinary team or students as required.
- Exhibit sound clinical judgment concerning treatment recommendations
- Superior problem-solving skills and flexibility, with the ability to prioritize, manage time effectively and be flexible in a very active work environment.
- Work in a manner that preserves privacy and confidentiality.

EDUCATION/EXPERIENCE:

- Registered member in good standing with the College of Dietitians of Ontario.
- Certified Diabetes Educator (CDE) or evidence of working towards attaining is an asset.
- Experience in supporting and educating adult patients with type 2 diabetes, being managed with lifestyle, oral medication, or insulin preferred, knowledge of continuous glucose monitoring an asset
- Demonstrated experience in community or primary care settings.

- Skilled in case management and case coordination with members of the interdisciplinary team and services within the community preferred.
- Resourcefulness in working with communities and individuals who face barriers accessing traditional health care institutions such as poverty, discrimination, mental health, and substance use issues an asset.
- Current Ontario Drivers' License.
- Solid skills and experience using Microsoft applications (Word, Outlook, Excel & PowerPoint).
- Experience and accuracy using electronic medical records (EMR) (i.e., Telus PS Suites) an asset.
- Willingness to learn new software and to continuously develop technology skills concerning diabetes care is an asset.
- Up to date COVID vaccination is required.

Working Conditions and Requirements:

- This is an in-person, on-site, hybrid, and in-community role
- Hours are 37.5 hours per week - including one evening shift per week
- Vehicle for travel to sites and within community

Why Join Us:

- HOOPP Defined Benefit Pension Plan
- Extended health care benefits including health, dental, vision, critical illness, and EFAP/EAP program
- 4 weeks of vacation, floater days, paid personal and sick time
- Organizational commitment to work-life balance, including flexible work hours

Hourly rate: \$39.28

Location: Bolton, ON

Job Type: Contract, Full-time

Number of Positions: 1

Union: No

If this opportunity interests you, please submit your cover letter and resume to a.derrico@dafht.ca by Friday, September 18th 2026.

For more information about the DAFHT, our programs and services visit our website at www.dafht.ca.

The Dufferin Area Family Health Team (DAFHT) welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process. If you are contacted for a job opportunity, please advise the DAFHT of any accommodations needed to ensure you have access to a fair and equitable process. Any information received relating to accommodation will be addressed confidentially. The DAFHT is committed to an inclusive, barrier-free recruitment and selection process and work environment.